



| Mejor Squat por Formula Wilks |                                      |      |                     |           |      |               |           |            |          |
|-------------------------------|--------------------------------------|------|---------------------|-----------|------|---------------|-----------|------------|----------|
| #                             | Name                                 | Edad | Estado              | Categoría | Rank | Peso corporal | W. Factor | Best Squat | Puntos   |
| 1                             | OSCAR DE JESUS OJEDA CAMPAÑA         | 27   | SONORA              | 105       | 1    | 96.6          | 0.6174    | 287.5      | 177.5130 |
| 2                             | GABRIEL GARCIA CORONA                | 42   | CDMX                | 93        | 1    | 90.1          | 0.6380    | 268        | 170.9931 |
| 3                             | SAMUEL OSWALDO RODRIGUEZ JEFFERY     | 32   | CHIHUAHUA           | 105       | 2    | 103.9         | 0.5998    | 280        | 167.9435 |
| 4                             | JUAN JOSE TAMAYO FUENTES             | 31   | TAMAULIPAS          | 83        | 1    | 81.7          | 0.6739    | 242.5      | 163.4111 |
| 5                             | JOSE LUIS MENDOZA ZUANY              | 35   | CHIHUAHUA           | 93        | 2    | 90.8          | 0.6356    | 250        | 158.8884 |
| 6                             | ALBERTO MC GREGOR CAMPERO            | 27   | CDMX                | 66        | 1    | 65.1          | 0.7942    | 200        | 158.8358 |
| 7                             | JUAN PABLO ALBA ARIAS                | 21   | CDMX                | 105       | 3    | 103.6         | 0.6004    | 255        | 153.1090 |
| 8                             | BLADIMIR MORANDO MIRANDA             | 28   | ESTADO DE MEXICO    | 93        | 3    | 88.8          | 0.6428    | 237.5      | 152.6713 |
| 9                             | CARLOS ANDRES AVILES MEDINA          | 30   | SONORA              | 120       | 1    | 113.4         | 0.5833    | 260        | 151.6516 |
| 10                            | SANTOS GABRIEL JIMENEZ QUINTERO      | 25   | SONORA              | 66        | 2    | 65            | 0.7952    | 190        | 151.0880 |
| 11                            | VICTOR MANUEL GALVEZ SOSA            | 24   | ESTADO DE MEXICO    | 120       | 2    | 118.6         | 0.5765    | 260        | 149.8954 |
| 12                            | IVAN ALEXIS SERRANO SOLORIO          | 20   | SONORA              | 93        | 4    | 90.3          | 0.6373    | 235        | 149.7698 |
| 13                            | LUIS GERARDO AYALA OJEDA             | 30   | NUEVO LEON          | 83        | 2    | 81.6          | 0.6744    | 220        | 148.3599 |
| 14                            | MARCO ANTONIO BELMONT                | 22   | UNAM                | 83        | 3    | 81.8          | 0.6734    | 220        | 148.1390 |
| 15                            | GIOVANNI ARREDONDO MALDONADO         | 23   | NUEVO LEON          | 74        | 1    | 72.2          | 0.7322    | 201.5      | 147.5407 |
| 16                            | JOSE LUIS LOPEZ GONZALEZ             | 32   | UNAM                | 74        | 2    | 72            | 0.7337    | 200.5      | 147.1083 |
| 17                            | ANGEL ALEJANDRO GAYTAN GONZALEZ      | 28   | NUEVO LEON          | SHW       | 1    | 133.2         | 0.5632    | 260        | 146.4358 |
| 18                            | JONATHAN MACIAS FLORES               | 35   | SONORA              | 120       | 3    | 105.5         | 0.5966    | 245        | 146.1584 |
| 19                            | OMAR ADOLFO CARRILLO CASTRO          | 28   | JALISCO             | 93        | 5    | 92            | 0.6315    | 230        | 145.2354 |
| 20                            | BERNABE CUBAS VARGAS                 | 40   | TAMAULIPAS          | 105       | 4    | 103.4         | 0.6009    | 240        | 144.2043 |
| 21                            | MIGUEL CAMPO PALOMO                  | 19   | NUEVO LEON          | 105       | 5    | 102.5         | 0.6028    | 237.5      | 143.1649 |
| 22                            | CÉSAR EDUARDO DORIA SALINAS          | 26   | NUEVO LEON          | 74        | 3    | 72.6          | 0.7293    | 195        | 142.2057 |
| 23                            | ADRIAN PARRA LARIOS                  | 30   | UNAM                | 83        | 4    | 81.5          | 0.6749    | 210        | 141.7224 |
| 24                            | MAURICIO RODRIGUEZ VELAZQUEZ         | 26   | JALISCO             | 105       | 6    | 102.5         | 0.6028    | 235        | 141.6579 |
| 25                            | ANIANO NUÑEZ ESTRADA                 | 23   | SONORA              | 120       | 4    | 117.8         | 0.5775    | 245        | 141.4811 |
| 26                            | SERGIO SOLIS LIMA                    | 30   | UNAM                | 59        | 1    | 58.8          | 0.8689    | 162.5      | 141.1986 |
| 27                            | CARLOS ROBERTO ARAÇON ALDRETE        | 27   | CHIHUAHUA           | 83        | 5    | 82.8          | 0.6685    | 210        | 140.3759 |
| 28                            | JESUS ANDRES RAMIREZ ORTIZ           | 24   | SINALOA             | 93        | 7    | 89.7          | 0.6385    | 217.5      | 139.8775 |
| 29                            | EDUARDO POSADA TORRES                | 19   | CHIHUAHUA           | 74        | 6    | 67.6          | 0.7701    | 180        | 138.6187 |
| 30                            | MIGUEL ANGEL VILLAVICENCIO MARTINEZ  | 35   | UNAM                | 93        | 6    | 92.5          | 0.6298    | 220        | 138.5578 |
| 31                            | HERNAN HUMBERTO LEAL                 | 22   | NUEVO LEON          | 83        | 7    | 78.5          | 0.6910    | 200        | 138.2043 |
| 32                            | CÉSAR EDUARDO RODRIGUEZ TORRES       | 21   | NUEVO LEON          | 66        | 4    | 64.6          | 0.7993    | 172.5      | 137.8847 |
| 33                            | JESUS ABRAHAM AMADO GUILLEN          | 17   | BAJA CALIFORNIA     | 66        | 3    | 65.9          | 0.7862    | 175        | 137.5808 |
| 34                            | MIGUEL ANGEL RAMIREZ VALDEZ          | 29   | QUINTANA ROO        | 83        | 6    | 82.3          | 0.6709    | 205        | 137.5310 |
| 35                            | NAVIB VLADIMIR MONCADA               | 23   | HIDALGO             | 83        | 8    | 79.2          | 0.6871    | 200        | 137.4148 |
| 36                            | MARCO ANTONIO RIVERA VALENCIA        | 24   | CDMX                | 74        | 4    | 73.9          | 0.7200    | 187.5      | 135.0009 |
| 37                            | LUIS GARCIA CASTILLO                 | 34   | CDMX                | 66        | 5    | 65.2          | 0.7932    | 170        | 134.8376 |
| 38                            | RAFAEL VALDEZ GONZALEZ               | 33   | NUEVO LEON          | 105       | 7    | 105           | 0.5976    | 225        | 134.4486 |
| 39                            | ENRIQUE LARA RODRIGUEZ               | 27   | GUANAJUATO          | 66        | 6    | 65.9          | 0.7862    | 170        | 133.6500 |
| 40                            | JORGE MAURICIO FREE MANJARREZ        | 37   | SINALOA             | SHW       | 2    | 150.6         | 0.5530    | 240        | 132.7163 |
| 41                            | RICARDO HERNANDEZ GONZALEZ           | 25   | AGUASCALIENTES      | 105       | 8    | 104           | 0.5996    | 220        | 131.7100 |
| 42                            | MARCO PEREZ DAVILA                   | 22   | JALISCO             | 83        | 9    | 81.6          | 0.6744    | 195        | 131.5009 |
| 43                            | LUIS ENRIQUE ANTONIO ALCARAZ         | 22   | GUANAJUATO          | 74        | 5    | 74            | 0.7193    | 182.5      | 131.2747 |
| 44                            | DIEGO FERNANDO RAMIREZ CRUZ          | 26   | ESTADO DE MEXICO    | 74        | 7    | 72.6          | 0.7293    | 180        | 131.2668 |
| 45                            | CÉSAR ISRAEL CABRERA VENEGAS         | 29   | BAJA CALIFORNIA SUR | 74        | 7    | 72.6          | 0.7293    | 180        | 131.2668 |
| 46                            | HUGO GABRIEL ORANTES                 | 36   | SONORA              | 120       | 6    | 106.3         | 0.5950    | 220        | 130.9051 |
| 47                            | ARNULFO DAMIAN ALEJANDRO HERNANDEZ   | 23   | BAJA CALIFORNIA     | 66        | 7    | 65.2          | 0.7932    | 165        | 130.8719 |
| 48                            | JUAN JOSE JIMENEZ ARRIZON            | 42   | BAJA CALIFORNIA     | SHW       | 2    | 122.4         | 0.5724    | 227.5      | 130.2137 |
| 49                            | CÉSAR SANCHEZ DELGADO                | 22   | CHIHUAHUA           | 93        | 8    | 86.8          | 0.6507    | 200        | 130.1398 |
| 50                            | GERMAN VALENCIANO RIVERA             | 22   | CHIHUAHUA           | 120       | 5    | 119.4         | 0.5756    | 225        | 129.5092 |
| 51                            | KEVIN ADALBERTO VELAZQUEZ            | 21   | SONORA              | 74        | 8    | 72.6          | 0.7293    | 177.5      | 129.4436 |
| 52                            | VICTOR EDUARDO RODRIGUEZ             | 20   | NUEVO LEON          | 83        | 10   | 80.5          | 0.6800    | 190        | 129.2067 |
| 53                            | FERNANDO EMMANUEL SALAS              | 28   | COAHUILA            | 93        | 9    | 88.1          | 0.6455    | 200        | 129.1022 |
| 54                            | ALEXANDER RAMIREZ ABREGO             | 20   | BAJA CALIFORNIA     | 74        | 9    | 73.6          | 0.7221    | 177.5      | 128.1719 |
| 55                            | ISRAEL ORTEGA LOYA                   | 35   | TAMAULIPAS          | 93        | 10   | 90.1          | 0.6380    | 200        | 127.6088 |
| 56                            | DIEGO LOPEZ                          | 21   | CDMX                | 66        | 8    | 66            | 0.7852    | 162.5      | 127.5944 |
| 57                            | EDUARDO NEIRA GARRIDO                | 25   | NUEVO LEON          | 105       | 9    | 103.2         | 0.6013    | 210        | 126.2694 |
| 58                            | ISRAEL TORRES VILLANUEVA             | 35   | CDMX                | 59        | 2    | 58.5          | 0.8731    | 142.5      | 124.4134 |
| 59                            | CARLOS CASTELLANOS DE LEON           | 16   | TAMAULIPAS          | 74        | 10   | 72.3          | 0.7315    | 170        | 124.3498 |
| 60                            | LUIS OMAR GARCIA HERNANDEZ           | 30   | UNAM                | 66        | 9    | 64.6          | 0.7993    | 155        | 123.8964 |
| 61                            | TEODORO MAGALLANES XXX               | 21   | SONORA              | 66        | 10   | 64.8          | 0.7973    | 155        | 123.5747 |
| 62                            | JAIME ARTURO BARRERA AGUIRRE         | 26   | NUEVO LEON          | 59        | 3    | 57.9          | 0.8816    | 140        | 123.4229 |
| 63                            | LUIS FERNANDO ONOFRE DIAZ            | 29   | QUINTANA ROO        | 66        | 11   | 64.9          | 0.7962    | 155        | 123.4150 |
| 64                            | WILLIAM JAROSLAB TRUJILLO MORENO     | 29   | CDMX                | 83        | 11   | 80            | 0.6827    | 180        | 122.8857 |
| 65                            | HORACIO EDUARDO PAZ                  | 21   | CDMX                | 83        | 12   | 81.8          | 0.6734    | 180        | 121.2046 |
| 66                            | ALEXIS REYNALDO ALVAREZ MARROQUIN    | 22   | NUEVO LEON          | 74        | 11   | 73.6          | 0.7221    | 165        | 119.1458 |
| 67                            | JAIRO CASTILLO ROMO                  | 30   | SONORA              | 59        | 4    | 58.4          | 0.8745    | 135        | 118.0546 |
| 68                            | LUIS FERNANDO MORENO VÁZQUEZ         | 18   | CHIPAS              | 59        | 6    | 54.6          | 0.9334    | 125        | 116.8904 |
| 69                            | DAVID OSIRIS LANDA BECERRA           | 22   | QUINTANA ROO        | 66        | 12   | 64.6          | 0.7993    | 145        | 115.9031 |
| 70                            | JAIME JESUS EMILIANO GOMEZ OLASCOAGA | 23   | CDMX                | 93        | 11   | 91.4          | 0.6335    | 182.5      | 115.6104 |
| 71                            | ESTEBAN HERNANDEZ ALONSO             | 27   | QUINTANA ROO        | 83        | 13   | 83            | 0.6675    | 172.5      | 115.1437 |
| 72                            | OSCAR CERVANTES CASTILLO             | 36   | CDMX                | 83        | 14   | 81.1          | 0.6769    | 170        | 115.0748 |
| 73                            | LUIS ERNESTO MORENO PALOMO           | 41   | SINALOA             | 66        | 13   | 64.3          | 0.8025    | 140        | 112.3473 |
| 74                            | ANDRES DUARTE ESPINOZA               | 16   | SONORA              | 59        | 5    | 57.5          | 0.8874    | 125        | 110.9268 |
| 75                            | IDELFONSO PARDO RUIZ                 | 21   | CHIHUAHUA           | 74        | 12   | 71.4          | 0.7383    | 150        | 110.7405 |
| 76                            | ROBERTO MORAN ROMO                   | 23   | AGUASCALIENTES      | 66        | 14   | 63.5          | 0.8111    | 135        | 108.4979 |
| 77                            | ALFREDO LEONARDO CARREON CORONA      | 24   | SINALOA             | 83        | 15   | 82.5          | 0.6699    | 160        | 107.1850 |
| 78                            | SAUL IVAN ESPINOZA BADILLO           | 33   | HIDALGO             | 83        | 16   | 80.3          | 0.6811    | 155        | 105.5696 |
| 79                            | AGUSTIN SANCHEZ CONTRERAS            | 24   | UNAM                | 74        | 13   | 72.2          | 0.7322    | 140        | 102.5097 |
| 80                            | TOMÁS BERISTAIN RODRIGUEZ            | 24   | PUEBLA              | 93        | 12   | 89.4          | 0.6406    | 160        | 102.4934 |
| 81                            | VICTOR ALFONSO RAMIREZ CORDOBA       | 24   | AGUASCALIENTES      | 105       | 10   | 103.6         | 0.6004    | 170        | 102.0727 |
| 82                            | MIGUEL ANGEL ORTEGA MENDEZ           | 33   | GUANAJUATO          | 74        | 14   | 70.5          | 0.7453    | 135        | 100.6209 |
| 83                            | RAUL ESPINOZA BLANCO                 | 33   | CDMX                | 105       | 11   | 102.7         | 0.6024    | 160        | 96.3777  |
| 84                            | CARLOS GONZALO PEREZ                 | 17   | CHIHUAHUA           | 83        | 17   | 79.8          | 0.6838    | 140        | 95.7291  |
| 85                            | JUAN CORREA LEDEZMA                  | 29   | TABASCO             | 83        | 18   | 80.5          | 0.6800    | 140        | 95.2090  |
| 86                            | JORGE ARMANDO FLORES MARTINEZ        | 24   | UNAM                | 93        | 13   | 90.4          | 0.6370    | 140        | 89.1748  |
| 87                            | CÉSAR MELO TORRES                    | 36   | HIDALGO             | 66        | 15   | 62.9          | 0.8178    | 105        | 85.8661  |
| 88                            | LUIS GULLIVER RIVERA CELAYA          | 20   | CHIHUAHUA           | SHW       | 3    | 164.9         | 0.5457    | 150        | 81.8597  |
| -                             | OMAR ALEXANDRO VILLAREAL MARTELL     | 23   | CDMX                | 66        | -    | 64.5          | 0.8004    | 0          | 0.0000   |
| -                             | PEDRO EMANUEL PUENTE ARTEAGA         | 32   | NUEVO LEON          | 120       | -    | 119.7         | 0.5753    | 0          | 0.0000   |
| -                             | RAUL DAVID CABRERA MORALES           | 22   | TAMAULIPAS          | 93        | -    | 90.2          | 0.6377    | 0          | 0.0000   |
| -                             | JOSE MANUEL LOAIZA FLORES            | 35   | CHIHUAHUA           | 83        | -    | 79.8          | 0.6838    | 0          | 0.0000   |

| Mejor Deadlift por Formula Wilks |                                  |      |                     |           |      |               |           |               |          |
|----------------------------------|----------------------------------|------|---------------------|-----------|------|---------------|-----------|---------------|----------|
| #                                | Name                             | Edad | Estado              | Categoría | Rank | Peso corporal | W. Factor | Best Deadlift | Puntos   |
| 1                                | OSCAR DE JESUS OJEDA CAMPAÑA     | 27   | SONORA              | 105       | 1    | 96.6          | 0.6174    | 307.5         | 189.8617 |
| 2                                | JOSE LUIS LOPEZ GONZALEZ         | 32   | UNAM                | 74        | 1    | 72            | 0.7337    | 250           | 183.4268 |
| 3                                | SAMUEL OSWALDO RODRIGUEZ JEFFERY | 32   | CHIHUAHUA           | 105       | 2    | 103.9         | 0.5998    | 300           | 179.9395 |
| 4                                | GABRIEL GARCIA CORONA            | 42   | CDMX                | 93        | 1    | 90.1          | 0.6380    | 280           | 178.6496 |
| 5                                | CÉSAR EDUARDO DORIA SALINAS      | 26   | NUEVO LEON          | 74        | 2    | 72.6          | 0.7293    | 240           | 175.0224 |
| 6                                | CÉSAR ISRAEL CABRERA VENEGAS     | 29   | BAJA CALIFORNIA SUR | 74        | 2    | 72.6          | 0.7293    | 240           | 175.0224 |
| 7                                | CARLOS ROBERTO ARAÇON ALDRETE    | 27   | CHIHUAHUA           | 83        | 1    | 82.8          | 0.6685    | 260           | 173.7987 |
| 8                                | EDUARDO POSADA TORRES            | 19   | CHIHUAHUA           | 74        | 3    | 67.6          | 0.7701    | 225           | 173.2734 |
| 9                                | ANIANO NUÑEZ ESTRADA             | 23   | SONORA              | 120       | 1    | 117.8         | 0.5775    | 300           | 173.2422 |
| 10                               | JESUS ABRAHAM AMADO GUILLEN      | 17   | BAJA CALIFORNIA     | 66        | 1    | 65.9          | 0.7862    | 220           | 172.9588 |
| 11                               | ISRAEL TORRES VILLANUEVA         | 35   | CDMX                | 59        | 1    | 58.5          | 0.8731    | 197.5         | 172.4327 |
| 12                               | JESUS ANDRES RAMIREZ ORTIZ       | 24   | SINALOA             | 93        | 2    | 89.7          | 0.6395    | 265           | 169.4629 |
| 13                               | MAURICIO RODRIGUEZ VELAZQUEZ     | 26   | JALISCO             | 105       | 3    | 102.5         | 0.6028    | 280           | 168.7839 |
| 14                               | LUIS GERARDO AYALA OJEDA         | 30   | NUEVO LEON          | 83        | 2    | 81.6          | 0.6744    | 250           | 168.5908 |
| 15                               | JOSE LUIS MENDOZA ZUANY          | 35   | CHIHUAHUA           | 93        | 3    | 90.8          | 0.6356    | 265           | 168.4218 |
| 16                               | DIEGO FERNANDO RAMIREZ CRUZ      | 26   | ESTADO DE MEXICO    | 74        | 3    | 72.6          | 0.7293    | 230           | 167.7298 |
| 17                               | BLADIMIR MORANDO MIRANDA         | 28   | ESTADO DE MEXICO    | 93        | 4    | 88.8          | 0.6428    | 260           | 167.1349 |
| 18                               | JAIRO CASTILLO ROMO              | 30   | SONORA              | 59        | 2    | 58.4          | 0.8745    | 190           | 166.1509 |
| 19                               | LUIS ENRIQUE ANTONIO ALCARAZ     | 22   | GUANAJUATO          | 74        | 4    | 74            | 0.7193    | 230           | 165.4421 |
| 20                               | TEODORO MAGALLANES XXX           | 21   | SONORA              | 66        | 2    | 64.8          | 0.7973    | 205           | 163.4375 |
| 21                               | SANTOS GABRIEL JIMENEZ QUINTERO  | 25   | SONORA              | 66        | 3    | 65            | 0.7952    | 205           | 163.0160 |
| 22                               | ALBERTO MC GREGOR CAMPERO        | 27   | CDMX                | 66        | 4    | 65.1          | 0.7942    | 205           | 162.8067 |
| 23                               | ALEXANDER RAMIREZ ABREGO         | 20   | BAJA CALIFORNIA     | 74        | 6    | 73.6          | 0.7221    | 225           | 162.4715 |
| 24                               | JUAN JOSE TAMAYO FUENTES         | 31   | TAMAULIPAS          | 83        | 3    | 81.7          | 0.6739    | 240           | 161.7264 |
| 25                               | MARCO ANTONIO BELMONT            | 22   | UNAM                | 83        | 4    | 81.8          | 0.6734    | 240           | 161.6061 |
| 26                               | MIGUEL ANGEL RAMIREZ VALDEZ      | 29   | QUINTANA ROO        | 83        | 5    | 82.3          | 0.6709    | 240           | 161.0119 |
| 27                               | DIEGO LOPEZ                      | 21   | CDMX                | 66        | 5    | 66            | 0.7852    | 205           | 160.9652 |
| 28                               | SERGIO SOLIS LIMA                | 30   | UNAM                | 59        | 3    | 58.8          | 0.8689    | 185           | 160.7492 |
| 29                               | MIGUEL CAMPO PALOMO              | 19   | NUEVO LEON          | 105       | 4    | 102.5         | 0.6028    | 265           | 159.7419 |
| 30                               | HERNAN HUMBERTO LEAL             | 22   | NUEVO LEON          | 83        | 6    | 78.5          | 0.6910    | 230           | 158.9349 |
| 31                               | JAIME ARTURO BARRERA AGUIRRE     | 26   | NUEVO LEON          | 59        | 4    | 57.9          | 0.8816    | 180           | 158.6866 |
| 32                               | MARCO ANTONIO RIVERA VALENCIA    | 24   | CDMX                | 74        | 7    | 73.9          | 0.7200    | 220           | 158.4010 |
| 33                               | ANGEL ALEJANDRO GAYTAN GONZALEZ  | 28   | NUEVO LEON          | SHW       | 1    | 133.2         | 0.5632    | 280           |          |